

CAMPING EQUIPMENT WINTER GEAR LIST

Please ensure that everyone has their medical card and uniform (*including neckerchief*) with them for **every** camp and ensure that the health card is handed over to the person in charge when loading gear to leave.

BEING PREPARED for the weather will mean that everyone can enjoy the outdoors and be comfortable and safe. These items are a must for all camps and Scout's without this *will* be left behind, we cannot take them without it.

CLOTHING:

- Full Uniform
- Winter Jacket (water proof, raincoat and warm fleece if the winter jacket is not water proof)
- Winter Pants/Rain Proof pants
- 2 pair of pants (*ideally* no jeans as cotton gets wet and stays cold!)
- Wool or fleece Socks **only** (1 pair for sleeping in, 2 pairs per day, no cotton socks please)
- 2 heavy long sleeve shirts
- 4 T-shirts/Undershirts
- 2 pair Long underwear (Tops & bottoms, polypro or polyester is best)
- Long underwear or fleece (Tops & bottoms that can be worn under clothing or as PJ's) As the nights get cooler it makes sense to sleep in extra clothes as you'll need the extra warmth.
- Wool Sweater/Fleece Jacket
- 2 Toques & Scarf (must cover ears, one should be worn at night to keep warm)
- Baseball hat (for under the wool hat)
- Mittens and gloves (one pair will certainly get wet & you will need a spare)
- Good water proof boots (preferably Sorel style boots with an extra pair of inserts (look for label that says at least 50% wool; the best are 75% wool/ 25% polypropylene). Be sure they have been water proofed before going to camp!

*It is **extremely** important that you layer clothes in the fall & winter months.
eg: long underwear, pants, then winter pants for extra heat retention on the legs.
When you feel a chill you can add layers, change into dry socks etc.*

EQUIPMENT:

- Backpack for everything to be carried in.
- Sleeping bag (rated for winter temperatures) and fleece insert or two sleeping bags inserted inside each other.
- Blanket (wool or fleece)
- Insulated sleeping pad (Therma-rest or blue foam pad, *air mattresses* are too cold)
- Flashlight (with extra batteries)
- Chapstick and depending on the forecast, sunscreen, sun glasses
- Toothbrush, toothpaste and toiletries
- Whistle
- Mess Kit: knife, fork, spoon, plate, bowl, mug & a sturdy refillable water bottle
- Soap (for washing hands & dishes, biodegradable camp soap comes in small bottles & is excellent for doing both)

SPECIAL:

- Any medication should be given to the Leader in charge to ensure that it is available for any medical emergencies. Please include a set of instructions as to how to administer the medication in case of an emergency.
- Snacks: The Scouts plan full menus in advance for food/snacks and will have plenty to eat without needing the extra sugar.
- Please note that it is a wise idea to pack your clothes and sleeping bag wrapped in plastic garbage bags if the weather is to be wet (or if there is snow on the ground).

PLEASE NOTE:

1. *The Troop/Company has equipment that the Scouts/Venturers can borrow if they are short at all. Please contact your group Scouter if you are in need of anything.*
2. Remember to read your [Field Book for Canadian Scouting](#) page 149- 155. Wear loose fitting clothing in layers so that you can adjust your level of warmth to temperature and activity. Use this list as a guide to help you pack.
3. Please label all articles with your name.

FINALLY: *Please check the weekend weather when packing for the trip to be sure you have everything that you need!*