



SPRING AND FALL CAMPING LIST

Please ensure that everyone has their medical card and uniform (*including neckerchief*) with them for **every** camp. Please ensure that the **health card** is handed over to the person in charge when loading gear to leave.

BEING PREPARED for the weather will mean that everyone can enjoy the outdoors and be comfortable and safe. These items are a must for all camps and Scout's without this *will* be left behind, we cannot take them without it.

CLOTHING:

- Full Uniform
- Jacket (water proof, or a raincoat & warm fleece if the winter jacket is not water proof)
- Winter Pants/Rain Proof pants
- Socks (wool pair for sleeping in, 2 pairs per day.)
- Long sleeve shirt
- 3 T-shirts
 - Long underwear (Tops & bottoms that can be worn under clothing or as PJ's)
As the nights get cooler it makes sense to sleep in extra clothes as you'll need the extra warmth.
- Sweater/Fleece
- 2 Toques (must cover ears, one to be worn at night to keep warm)
- Mittens
- Extra pair of pants
- Good water proof boots (2 pairs of shoes if they not water proof, preferably hiking boots)

*It is **extremely** important that you layer clothes in the cooler weather. When you feel a chill you can then add layers, change into dry socks etc. to stay warm....*

It is far easier to stay warm than warm up after getting cold!

EQUIPMENT:

- Backpack for everything to be carried in.
- Sleeping bag (rated for cooler temperatures) or two sleeping bags inserted inside each other, or a blanket (wool or fleece) (we have one extra sleeping bag if you require one)
- Insulated sleeping pad (Therma-rest or blue foam pad, *air mattresses* are too cold for fall/spring weather)
- Flashlight (with extra batteries)
- Suntan lotion & Chapstick
- Toothbrush, toothpaste & toiletries
- Whistle
- Mess Kit: knife, fork, spoon, plate, bowl, mug & a sturdy refillable water bottle
- Soap (for washing hands & dishes, biodegradable camp soap comes in small bottles & is excellent for doing both), washcloth/facecloth

SPECIAL:

- Any medication should be given to the Scouter in charge to ensure that it is available for any medical emergencies. Please include a set of instructions as to how to administer the medication in case of an emergency.
- Snacks: The Scouts plan full menus in advance for food/snacks and will have plenty to eat without needing the extra sugar.
- Please note that it is a wise idea to pack your clothes and sleeping bag wrapped in plastic garbage bags if the weather is to be wet (or if there is snow on the ground).

PLEASE NOTE:

The Troop/Company has equipment that the Scouts/Venturers can borrow if they are short at all. Please contact your group Scouter if you are in need of anything.

FINALLY: Please check the weekend weather when packing for the trip to be sure you have everything that you need!